



# Cooking with the DIETITIANS

## SQUASH COCONUT CURRY

Time: 25 minutes / Servings: 6

### INGREDIENTS

- 1¼ cup brown rice, uncooked
- 2 tsp olive oil
- 6 cloves garlic, chopped
- 2 Tbsp fresh ginger, minced
- 1 tsp curry powder
- 1 tsp chili powder